



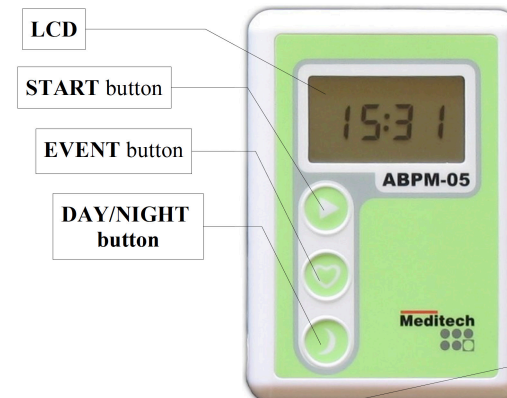
SPECIALIST MEDICINE
TOOWOOMBA

AMBULATORY BLOOD PRESSURE MONITOR DIARY

NAME:

DATE OF BIRTH::

INSTRUCTIONS



Specialist Medicine Toowoomba
Suite 12 St Vincent's Hospital
22-36 Scott Street
East Toowoomba

Phone 07 46323442
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Do not wet any part of Blood Pressure monitor
During cuff inflation, keep arm straight and still
If you have a symptom, posture change or activity to record, press EVENT button, fill in the diary with time displayed on LCD
If an extra BP reading is needed, press START button
Before going to bed, press DAY/NIGHT button, a crescent will appear on LCD to mark 'passive' time, press it again when you get up. The crescent will disappear to indicate 'active' time

