



Electrodes will be stuck to your chest wall. Your skin will be given a mild scrub with paper and wiped with alcohol to facilitate sticking. Men may need to have hair shaved off. The skin on your chest may, on rare occasions, become irritated when the electrodes and tape are removed. The irritation is caused by the conductive gel on the electrodes reacting with the skin.

You should go about your activities in a normal manner. The technician will provide you with a diary to complete. You should make an entry every time you feel symptoms like chest pain, dizziness, shortness of breath or heart palpitations. You should record the time symptoms occurred, what symptoms occurred and what you were doing at the time.

During the 7 days of the test you should not shower, bathe or swim or get the device wet

Do not use electric blankets Do not use body powder or talcum Do not remove the monitor

Do not shake the wires Do not drop the monitor Do not open the monitor

If a lead wire comes unclipped from an electrode just snap it back on and record this in your diary

## **HOLTER MONITOR CONSENT FORM**

I am satisfied with the information on this document, and consent to undertake Holter monitoring. I have had the opportunity to discuss the information and any other concerns I may have, prior to the test.

I, \_\_\_\_\_ confirm I will be responsible for the loss, damage and safe return of the Holter Monitor collected by me from Specialist Medicine Toowoomba (Suite 12, St. Vincent's Hospital, Toowoomba) on 29/05/2018. I confirm I will return the Holter Monitor to the above address on 30/05/2018. (24 hours after connection).

Should the Holter Monitor be lost or damaged by negligence on my part or otherwise, I understand I will be responsible for the costs incurred for repair or replacement of same.

Signed: (Patient) \_\_\_\_\_ Date: \_\_\_\_\_ 2018.

Witness (Robyn Mandall Receptionist): \_\_\_\_\_ Date: \_\_\_\_\_ 2018.